

**PRESS RELEASE:**

July 21, 2010

On-Call Media Cell: (828) 674-2358

**Chloe Roderick will present Balance and Fall Prevention**

*(Hendersonville, N.C.)* Chloe Roderick, a licensed physical therapist with Pardee Hospital, will present Balance and Fall Prevention at the Pardee Health Education Center on Thursday, Aug. 5, from 3 until 4:30 p.m.

This free presentation will give a physical therapist's perspective on basic techniques for preventing falls and how to protect yourself if you do fall. Roderick will discuss the benefits of physical therapy intervention if you have an injury after a fall and recommendations for physician referral for those seeking advice and/or seeking referral to a physical therapist. Registration for this free presentation is required by calling 1-866-790-WELL (9355)

The [Pardee Health Education Center](#) is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

[Pardee Hospital](#) is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in





**Margaret R. Pardee Memorial Hospital**  
800 North Justice Street, Hendersonville, NC 28791

[www.pardeehospital.org](http://www.pardeehospital.org)

[Henderson County](#). The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit [www.pardeehospital.org](http://www.pardeehospital.org).

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