Pardee

Margaret R. Pardee Memorial Hospital
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**PRESS RELEASE:**
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On-Call Media Cell: (828) 674-2358

**Dr. Hall to offer free presentation on shoulder injuries**

*(Hendersonville, N.C.)* Suzanne Hall, M.D., orthopaedic surgeon with Appalachian Orthopaedics, will discuss bursitis, rotator cuff and other common injuries associated with the shoulder in a free presentation at the Pardee Health Education Center on Fri., Sept. 18 from 2 until 3 p.m.

Millions of people suffer from bursitis which is an inflammation of a bursa, a fluid-filled sac that functions as a gliding surface to reduce friction between tissues of the body. The major bursae are located adjacent to the tendons near the large joints, such as the shoulders, elbows, hips and knees.

In addition, rotator cuff injuries and inflammation are increasingly common. A rotator cuff injury is an injury to one or more of the inner layer of muscles of the shoulder. This shoulder injury may come on suddenly and be associated with a specific injury such as a fall, or it may be something that gets progressively worse over time with activity that aggravates the muscle.

During her presentation, Dr. Hall will discuss the latest research and treatments for bursitis, rotator cuff injuries and other common shoulder problems. She will also offer time

for questions after the presentation. Registration for this free presentation is required by calling 1-866-790-WELL (9355).

Dr. Hall graduated from the University of Massachusetts School of Medicine and completed her residency at the Bronx Lebanon Hospital in New York. She is board certified in orthopaedic surgery, and is a fellowship trained shoulder specialist. She completed her shoulder fellowship at the Hospital for Joint Diseases Orthopaedic Institute in New York. She serves on the medical staff at Pardee Hospital.

The Pardee Health Education Center is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

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