Margaret R. Pardee Memorial Hospital
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www.pardeehospital.org

PRESS RELEASE:
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Local orthopedic surgeon to discuss anterior hip replacements

(Hendersonville, N.C.) Amal Das, M.D., orthopedic surgeon with Hendersonville Orthopaedic Associates, will offer a free presentation about anterior hip replacements at the Pardee Health Education Center on Fri., Dec. 18, from 2 until 3:30 p.m.

Dr. Das will discuss the anatomy of the hip and the steps for replacing a hip using the anterior method. The anterior approach to hip replacement surgery allows the surgeon to reach the hip joint from the front of the hip as opposed to the lateral (side) or the posterior (back) approach. This way, the hip can be replaced without detachment of muscle from the pelvis or femur during surgery. This allows patients to immediately bend their hip freely and bear full weight when comfortable, resulting in a more rapid return to normal function. Registration for this free presentation is required by calling 1-866-790-WELL (9355) or registering online at www.pardeehospital.org.

Dr. Das graduated from the Indiana University School of Medicine and completed his residency at the University of Tennessee College of Medicine. He is board certified by the American Board of Orthopaedic Surgery and a fellow of the American Academy of Orthopaedic Surgeons. He completed the first study in the United States on glucosamine and chondroitin sulfate for the treatment of arthritis, and has received national recognition

for his work. Dr. Das is associated with the Pardee Hospital Center for Joint Replacement, which is dedicated to the treatment and rehabilitation of patients undergoing hip, knee and shoulder replacement surgery.

The Pardee Health Education Center is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 10,000 free and low-cost screenings to community members.

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

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