Pardee

Margaret R. Pardee Memorial Hospital
800 North Justice Street, Hendersonville, NC 28791
www.pardeehospital.org

PRESS RELEASE:
Dec. 8, 2009
On-Call Media Cell: (828) 674-2358

Pardee Hospital Cardiac Rehabilitation Program Receives National Certification

(Hendersonville, NC) Pardee Hospital's Cardiac and Pulmonary Rehabilitation Program has been awarded program re-certification by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR). After a rigorous review by a national board, the program remains Henderson County's only nationally certified cardiac rehab program for twelve consecutive years.

"This certification not only signifies our staff's clinical expertise but also our commitment and dedication to enhancing our patient's lives," says Joel Tipton, Coordinator of Pardee's Cardiac and Pulmonary Rehabilitation Program. "We are very proud of our staff and the program's accomplishments. Only 31 of the 78 licensed programs in North Carolina have achieved AACVPR national certification and only nine have maintained this credential for more than ten years." Tipton adds.

Since 1988, Pardee's Cardiac and Pulmonary Rehabilitation Program has been helping patients with heart problems resume active lives. The program provides a safe,

supervised program of exercise and education in a medical setting, with immediate access to emergency care.

"Many patients completing our Cardiac Rehab program tell us they feel better than they have in years," says Tipton. "Statistics prove that cardiac rehab works. We know that patients completing cardiac rehab after a heart attack improve survival rate by more than a 50 percent over three years."

Founded in 1985, the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) is dedicated to the professional development of its members, through information, networking, and educational opportunities. Central to the mission is the improvement in the quality of life for patients and their families. To learn more about Pardee's Cardiac Rehabilitation program, call (828) 698-4972.

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including an adult day services center, a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various family

and internal medicine practices, and an urgent care facility. For more information or to find a physician, call 1-866-790-WELL (9355) or visit www.pardeehospital.org.

# # #