



Pardee *Running Club*

July 2008 Events Calendar

To find out more about the Pardee Running Club, group runs, race registration forms, directions or additional information on any of these events, please contact Schon Rittenhouse at 698-6774 or schon.rittenhouse@pardeehospital.org

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- Event:** **Firecracker 5K (An Asheville Track Club Grand Prix Event)**
Date: Friday, June 4
Time: 8:00 AM
Location: RBC Centura Bank Parking Lot, Weaverville NC
Info: http://www.active.com/page/Event_Details.htm?event_id=1532836&assetId=202dac3f-776c-48a7-8410-88c0e0355b41
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- Event:** **Firecracker 5K**
Date: Friday, July 4
Time: 8:00 AM
Location: Downtown Brevard, Brevard NC
Info: <http://www.brevardrotary.org/firecrackerrun2008.cfm>
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- Event:** **I.C. King of Trails 7 Mile Race**
Date: Sunday, July 6
Time: 8:00 AM
Location: I.C. King Park, Knoxville TN
Info: <http://www.ktc.org/Applications2008/trailentry08.pdf>
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- Event:** **The Bear 5 Mile Run (Finishes at the top of Grandfather Mtn)**
Date: Thursday, July 10
Time: 7:00 PM
Location: Corner of Hwy 105 and 221, Linville NC
Info: <http://www.hopeformorrow.org/bearinfo.htm>
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- Event:** **Crazy 8's 8K (Men's & Women's 8K World Road Records set on this course)**
Date: Saturday, July 12
Time: 9:58 PM
Location: J. Fred Johnson Stadium, Kingsport TN
Info: <http://www.crazy8s.org/Crazy8s.htm>
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- Event:** **Folkmoot 5K (An Asheville Track Club Grand Prix Event)**
Date: Saturday, July 19
Time: 8:00 AM
Location: Folkmoot Friendship Center, Hazelwood NC
Info: <http://www.folkmootusa.org/content/3rd-annual-folkmoot-5k-race>
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- Event:** **Asheville Triathlon (400M Swim, 12 Mile Bike, 5K Run) Individuals & Teams**
Date: Sunday, July 20
Time: 7:00 AM
Location: Rec Park Pool, Asheville NC
Info: http://www.setupevents.com/index.cfm?fuseaction=event_detail&eventID=924
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- Event:** **Bele Chere 5K (An Asheville Track Club Grand Prix Event – Bonus Points Race!)**
Date: Saturday, July 26
Time: 8:00 AM
Location: McCormick Field, Asheville NC
Info: http://www.setupevents.com/index.cfm?fuseaction=event_detail&eventID=988