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**Pardee Plus Wellness Enhancement Program Offers Free Health Screenings,
Exclusive Educational Opportunities and Special Discounts**

(Hendersonville, NC) – Pardee Hospital’s wellness enhancement program, Pardee Plus, offers members free and low-cost health screenings, special health education programs, access to important health information and discounts to local merchants. The program is open to community members of all ages and the cost is \$15.

In 1998, Pardee Plus was established to offer the public free and low-cost health screenings and promote hospital services and programs. In addition to these benefits, Pardee Plus members receive invitations to “members only” Lunch and Learn programs, free passes for fitness classes, a free birthday health screening and special discounts from select area merchants.

“For a small fee, Pardee Plus members receive over \$100 worth of discounts, free passes and prizes, in addition to the invaluable knowledge gained from the variety of educational programs offered,” said Jill Geis, manager of the Pardee Health Education Center and Pardee Plus coordinator. “Last year, we had more than 900 members, ranging from age 29 to 93, and we hope even more people will sign up this year and take advantage of the many benefits available.”

To register for Pardee Plus, stop by the Pardee Health Education Center, located in the Blue Ridge Mall, and complete the membership application. Corporate memberships are also available. For more information, call 692-4600.

The Pardee Health Education Center is a unique community outreach program of the hospital that provides an array of services from health fairs and screenings to seminars and support groups. Last year, the center provided more than 12,000 free and low-cost screenings to community members.

Pardee Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus, including a 130-bed nursing facility, an adult day services center, a health education center in the Blue Ridge Mall, home care services, a sports therapy and rehabilitation facility on Thompson Street, a midwifery program, various family and internal medicine practices, and urgent care facilities in Fletcher and Hendersonville.

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